## Particle Work Energy: Example Problem 6

An 8.05 lb slider moves at 6 fps to the right on the smooth rod shown below. The spring is originally unstretched. Determine the distance $\mathbf{d}$ the slider will move before it comes to a stop. (There's an easy solution and a harder one.)

8.05 lb slider Smooth rod

8.05 lb slider

Smooth rod

