## Elasticity



## General Theory of Linear Elasticity

Before deformation



After deformation

$$
\begin{equation*}
\vec{r}+\vec{u}(\vec{r}) \tag{L1}
\end{equation*}
$$

Many ways to derive elasticity. Could derive from theory of atoms and their interactions. However, this approach is not historically accurate, and not fully general.

## General Theory of Linear Elasticity

Most general approach modeled by Landau; construct free energy simply by considering symmetry and using fact that deformations are small:
$\vec{u}$ vanishes in equilibrium
Free energy invariant under translation.
Smallest allowed powers or $\vec{u}$
Derivatives of lowest allowed order
Uniform rotation costs no energy.
Unique (?) free energy consistent with these constraints:

$$
\begin{equation*}
\mathcal{F}=\int d \vec{r} \frac{1}{2} \sum_{\alpha \beta \gamma \delta} E_{\alpha \beta \gamma \delta} \frac{\partial u_{\alpha}(\vec{r})}{\partial r_{\beta}} \frac{\partial u_{\gamma}(\vec{r})}{\partial r_{\delta}} . \tag{L2}
\end{equation*}
$$

45 independent $E_{\alpha \beta \gamma \delta}$ after considering symmetry under interchange of indices.

$$
\begin{equation*}
u_{\alpha}=\phi \sum_{\beta \mu} \epsilon^{\alpha \beta \mu} r_{\beta} n_{\mu} \tag{L3}
\end{equation*}
$$

## General Theory of Linear Elasticity

$$
\begin{align*}
& \sum_{\alpha \beta \gamma \delta \mu^{\prime}} \int d \vec{r} \epsilon^{\alpha \beta \mu} n_{\mu} E_{\alpha \beta \gamma \delta} \epsilon^{\gamma \delta \mu^{\prime}} n_{\mu^{\prime}}=0  \tag{L4}\\
& \Rightarrow \quad E_{\alpha \beta \gamma \delta}-E_{\beta \alpha \gamma \delta}-E_{\alpha \beta \delta \gamma}+E_{\beta \alpha \delta \gamma}=0 . \tag{L5}
\end{align*}
$$

## Strain tensor

Define strain tensor

$$
\begin{gather*}
e_{\alpha \beta} \equiv \frac{1}{2}\left[\frac{\partial u_{\alpha}}{\partial r_{\beta}}+\frac{\partial u_{\beta}}{\partial r_{\alpha}}\right]  \tag{L6}\\
\omega_{\alpha \beta} \equiv \frac{1}{2}\left[\frac{\partial u_{\alpha}}{\partial r_{\beta}}-\frac{\partial u_{\beta}}{\partial r_{\alpha}}\right] .  \tag{L7}\\
\mathcal{F}=\sum_{\alpha \beta \gamma \delta} \int d \vec{r} \quad \begin{array}{r}
\frac{1}{8} \quad e_{\alpha \beta}\left[E_{\alpha \beta \gamma \delta}+E_{\beta \alpha \gamma \delta}+E_{\alpha \beta \delta \gamma}+E_{\beta \alpha \delta \gamma}\right] e_{\gamma \delta} \\
+\frac{1}{8} \quad \omega_{\alpha \beta}\left[E_{\alpha \beta \gamma \delta}-E_{\beta \alpha \gamma \delta}-E_{\alpha \beta \delta \gamma}+E_{\beta \alpha \delta \gamma}\right] \omega_{\gamma \delta} \\
\mathcal{F}=\sum_{\alpha \beta \gamma \delta} \int d \vec{r} \frac{1}{2} e_{\alpha \beta} C_{\alpha \beta \gamma \delta} e_{\gamma \delta} \\
C_{\alpha \beta \gamma \delta}=\frac{1}{4}\left[E_{\alpha \beta \gamma \delta}+E_{\beta \alpha \gamma \delta}+E_{\alpha \beta \delta \gamma}+E_{\beta \alpha \delta \gamma]}\right] . \\
\alpha \leftrightarrow \beta, \gamma \leftrightarrow \delta \text { and also } \alpha \beta \leftrightarrow \gamma \delta .
\end{array} \tag{L8}
\end{gather*}
$$

## Stress Tensor

$$
\begin{equation*}
\mathcal{F}=\sum_{\alpha \beta} \int d \vec{r} \frac{1}{2} e_{\alpha \beta} \sigma_{\alpha \beta} \tag{L12}
\end{equation*}
$$

where the stress tensor is

$$
\begin{equation*}
\sigma_{\alpha \beta}=\sum_{\gamma \delta} C_{\alpha \beta \gamma \delta} e_{\gamma \delta} . \tag{L13}
\end{equation*}
$$



Equation of motion

$C_{x y y y}$ vanishes because it multiplies ? ? but? ? flips sign when $x \rightarrow-x$.
Also invariant under $x \rightarrow y \rightarrow z \rightarrow x$
Three parameters survive:
$C_{x x x x}$
$C_{x x y y}$
$C_{x y x y}$

## Solids of Cubic Symmetry

$$
\mathcal{F}=\int d \vec{r} \frac{1}{2}\left\{\begin{align*}
C_{x x x x} & {\left[e_{x x}^{2}+e_{y y}^{2}+e_{z z}^{2}\right] }  \tag{L14}\\
+2 C_{x x y y} & {\left[e_{x x} e_{y y}+e_{y y} e_{z z}+e_{z z} e_{x x}\right] } \\
+4 C_{x y x y} & {\left[e_{x y}^{2}+e_{y z}^{2}+e_{z x}^{2}\right] }
\end{align*}\right\} .
$$

$$
\begin{array}{cccccc}
e_{x x} & e_{y y} & e_{z z} & 2 e_{y z} & 2 e_{z x} & 2 e_{x y} \\
\downarrow & \downarrow & \downarrow & \downarrow & \downarrow & \downarrow  \tag{L15}\\
e_{1} & e_{2} & e_{3} & e_{4} & e_{5} & e_{6}
\end{array}
$$

$\begin{array}{lllllll}C_{x x x x} & C_{x x y y} & C_{x x z z} & C_{y z x x} & C_{z x x x} & C_{x y x x} & \text { etc. }\end{array}$

$\begin{array}{lllllll}C_{11} & C_{12} & C_{13} & C_{41} & C_{51} & C_{61} & \text { etc. }\end{array}$

## Solids of Cubic Symmetry

$$
\begin{equation*}
\mathcal{F}=\int d \vec{r} \frac{1}{2} \sum_{\alpha \beta=1}^{6} e_{\alpha} C_{\alpha \beta} e_{\beta} \tag{L17}
\end{equation*}
$$

Cauchy relation: $C_{44}=C_{12}$

| Element | $\begin{aligned} & C_{11} \\ & (\mathrm{GPa}) \end{aligned}$ | $\begin{aligned} & C_{44} \\ & (\mathrm{GPa}) \end{aligned}$ | $\begin{aligned} & C_{12} \\ & (\mathrm{GPa}) \end{aligned}$ | Element | $\begin{aligned} & C_{11} \\ & (\mathrm{GPa}) \end{aligned}$ | $\begin{aligned} & C_{44} \\ & (\mathrm{GPa}) \end{aligned}$ | $\begin{aligned} & C_{12} \\ & (\mathrm{GPa}) \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Al | 108 | 28.3 | 62 | Li (195K) | 13.4 | 9.6 | 11.3 |
| Ar (80 K) | 2.77 | 0.98 | 1.37 | Mo | 459 | 111 | 168 |
| Ag | 123 | 45.3 | 92 | Na | 7.59 | 4.30 | 6.33 |
| Au | 190 | 42.3 | 161 | Ne (6K) | 1.62 | 0.93 | 0.85 |
| Cs ( 78 K ) | 2.47 | 2.06 | 1.48 | Ni | 247 | 122 | 153 |
| Ca | 16 | 12 | 8 | Nb | 245 | 28.4 | 132 |
| Cr | 346 | 100 | 66 | O ( 54.4 K ) | 2.60 | 0.275 | 2.06 |
| Cu | 169 | 75.3 | 122 | Pd | 224 | 71.6 | 173 |
| C (diamond) | 1040 | 550 | 170 | Pt | 347 | 76.5 | 251 |
| Fe | 230 | 117 | 135 | Rb | 2.96 | 1.60 | 2.44 |
| Ge (undoped) | 129 | 67.1 | 48 | Si (undoped) | 165 | 79.2 | 64 |
| Ge ( $n$-doped, $10^{19} \mathrm{Sb}$ ) | 128.8 | 65.5 | 47.7 | Si ( $n$-doped, $10{ }^{19} \mathrm{As}$ ) | 162.2 | 78.7 | 65.4 |
| Ge ( $p$-doped, $10^{20} \mathrm{Ga}$ ) | 118.0 | 65.3 | 39.0 | Sr | 14.7 | 5.74 | 9.9 |
| $\mathrm{He}^{3}\left(0.4 \mathrm{~K}, 24 \mathrm{~cm}^{3} / \mathrm{mole}\right)$ | 0.0235 | 0.01085 | 0.0197 | Ta | 262 | 82.6 | 156 |
| $\mathrm{He}^{4}\left(1.6 \mathrm{~K}, 12 \mathrm{~cm}^{3} / \mathrm{mole}\right)$ | 0.0311 | 0.0217 | 0.0281 | Th | 76 | 46 | 49 |
| Ir | 600 | 270 | 260 | W | 517 | 157 | 203 |
| K | 3.71 | 1.88 | 3.15 | V | 230 | 43.2 | 120 |
| Kr (115 K) | 2.85 | 1.35 | 1.60 | Xe (156K) | 2.98 | 1.48 | 1.90 |
| Pb | 48.8 | 14.8 | 41.4 |  |  |  |  |

$$
\begin{gather*}
B=\mathcal{V} \partial^{2} \mathcal{F} / \partial \mathcal{V}^{2} \\
e_{x x}=e_{y y}=e_{z z}=\delta \mathcal{V} / 3 \mathcal{V} \\
\mathcal{F}=\frac{1}{6} \mathcal{V}\left[C_{11}+2 C_{12}\right][\delta \mathcal{V} / \mathcal{V}]^{2},  \tag{L18}\\
B=\frac{1}{3}\left[C_{11}+2 C_{12}\right] . \tag{L19}
\end{gather*}
$$

## Isotropic Solids

Distinguish between rotating all mass points and rotating a pattern of distortion in mass points that otherwise remain fixed.

$$
\begin{equation*}
e_{\alpha \beta}(\vec{r})=\sum_{\gamma \delta} R_{\alpha \gamma}^{*} e_{\gamma \delta}^{\prime}\left(\vec{r}^{\prime}\right) R_{\delta \beta} \tag{L20a}
\end{equation*}
$$

with

$$
\begin{gather*}
\vec{r}^{\prime}=R \vec{r} \text { and } R=\frac{1}{\sqrt{2}}\left(\begin{array}{ccc}
1 & -1 & 0 \\
1 & 1 & 0 \\
0 & 0 & \sqrt{2}
\end{array}\right) .  \tag{L20b}\\
0=C_{x x x x}=C_{x x y y}+2 C_{x y x y} .  \tag{L21}\\
\mathcal{F}=\frac{1}{2} \int d \vec{r} \lambda\left(\sum_{\alpha} e_{\alpha \alpha}\right)^{2}+2 \mu \sum_{\alpha \beta} e_{\alpha \beta}^{2} . \tag{L22}
\end{gather*}
$$

Kinetic energy:

## Isotropic Solids

$$
\begin{equation*}
T=\int d \vec{r} \frac{1}{2} \rho|\dot{\vec{u}}(\vec{r})|^{2} \tag{L24}
\end{equation*}
$$

Equation of motion:

$$
\begin{gather*}
\rho \ddot{u}_{\alpha}(\vec{r})=-\frac{\delta \mathcal{F}}{\delta u_{\alpha}(\vec{r})}=\sum_{\beta} \frac{\partial}{\partial r_{\beta}} \sigma_{\alpha \beta}(\vec{r}),  \tag{L25}\\
\sigma_{\alpha \beta}=\sum_{\gamma \delta} C_{\alpha \beta \gamma \delta} e_{\gamma \delta}  \tag{L26}\\
\int_{V} d \vec{r} \rho \ddot{u}_{\alpha}=\int d \Sigma \sum n_{\beta} \sigma_{\beta \alpha} \tag{L27}
\end{gather*}
$$

Stress figure

$$
\begin{equation*}
\sigma_{\alpha \beta}=\lambda \delta_{\alpha \beta} \sum_{\gamma} e_{\gamma \gamma}+2 \mu e_{\alpha \beta} \tag{L28}
\end{equation*}
$$

## Isotropic Solids

$$
\begin{gather*}
\Rightarrow e_{\alpha \beta}=\frac{-\lambda \delta_{\alpha \beta}}{2 \mu(3 \lambda+2 \mu)} \sum_{\gamma} \sigma_{\gamma \gamma}+\frac{1}{2 \mu} \sigma_{\alpha \beta}  \tag{L29}\\
\rho \frac{\partial^{2} \vec{u}}{\partial t^{2}}=(\lambda+\mu) \nabla(\nabla \cdot \vec{u})+\mu \nabla^{2} \vec{u} \tag{L30}
\end{gather*}
$$

$$
\mathcal{S}=Y e_{z z}
$$

with

$$
\begin{gather*}
Y=\frac{\mu(3 \lambda+2 \mu)}{\lambda+\mu} ;  \tag{L32}\\
e_{x x}=e_{y y}=\frac{-\lambda}{2 \mu(3 \lambda+2 \mu)} \delta,  \tag{L33}\\
\nu=\frac{\lambda}{2(\lambda+\mu)} . \tag{L34}
\end{gather*}
$$

$$
\begin{equation*}
\mathcal{S}=2 G e_{y z}=G \frac{\partial u_{y}}{\partial z} \tag{L35}
\end{equation*}
$$

$$
\mathcal{S}=\frac{\delta L}{L} Y=e_{z Z} Y
$$

$$
\mathcal{S}=\frac{\delta L}{L} G=2 e_{x z} G
$$



| Material | Young's Modulus $Y(\mathrm{GPa})$ | Poisson Ratio $\nu$ |
| :--- | :---: | :--- |
| Lead (cast) | 5 | 0.5 |
| Tin (cast) | 27 | 0.3 |
| Glass | 55 | 0.16 |
| Aluminum (cast) | 68 | 0.3 |
| Copper (cast) | 76 | 0.4 |
| Zinc (cast) | 76 | 0.3 |
| Copper (soft, wrought) | 100 | 0.4 |
| Iron (cast) | 110 | 0.3 |
| Copper (hard drawn) | 120 | 0.4 |
| Iron (wrought) | 200 | 0.3 |
| Carbon steel | 200 | 0.3 |
| Tungsten | 400 | 0.3 |

$$
\begin{equation*}
\Delta(\vec{r}, t)=\vec{\nabla} \cdot \vec{u}(\vec{r}, t) \text { and } \vec{w}(\vec{r}, t)=\vec{\nabla} \times \vec{u}(\vec{r}, t) \tag{L36}
\end{equation*}
$$

$$
\begin{gather*}
\rho \frac{\partial^{2} \Delta}{\partial t^{2}}=(\lambda+2 \mu) \nabla^{2} \Delta,  \tag{L37}\\
\rho \frac{\partial^{2} \vec{w}}{\partial t^{2}}=\mu \nabla^{2} \vec{w} \tag{L38}
\end{gather*}
$$

$\vec{u}$ is of form $\vec{u}_{0} e^{i \vec{k} \cdot \vec{r}-i \omega t}$

$$
\begin{gather*}
c_{l}=\sqrt{\frac{\lambda+2 \mu}{\rho}}  \tag{L39}\\
c_{t}=\sqrt{\frac{\mu}{\rho}} \tag{L40}
\end{gather*}
$$

## Liquid Crystals

Director $\hat{n}$.

$$
\begin{gather*}
(\hat{n} \cdot \vec{\nabla}) \hat{n}  \tag{L41a}\\
\vec{\nabla} \cdot \hat{n}  \tag{L41b}\\
\hat{n} \cdot \vec{\nabla} \times \hat{n} .  \tag{L41c}\\
\frac{\partial n_{\alpha}}{\partial r_{\beta}} \frac{\partial n_{\gamma}}{\partial r_{\delta}},  \tag{L44}\\
\mathcal{F}=\int d \vec{r} \mathcal{F}(\vec{r})=\frac{1}{2} \int d \vec{r} \sum_{\alpha \beta \gamma \delta} C_{\alpha \beta \gamma \delta} \frac{\partial n_{\alpha}}{\partial r_{\beta}} \frac{\partial n_{\gamma}}{\partial r_{\delta}} .  \tag{L43}\\
0=\frac{\partial}{\partial r_{\alpha}} 1=\frac{\partial}{\partial r_{\alpha}}(\hat{n} \cdot \hat{n})  \tag{L44}\\
=2 n_{z} \frac{\partial}{\partial r_{\alpha}} n_{z}=2 \frac{\partial}{\partial r_{\alpha}} n_{z} \tag{L44}
\end{gather*}
$$

$$
\begin{gather*}
\frac{\partial n_{\gamma}}{\partial r_{\delta}} \rightarrow \frac{\partial n_{\gamma}}{\partial r_{\delta}}+\theta\left[\sum_{\beta} \frac{\partial n_{\gamma}}{\partial r_{\beta}} R_{\beta \delta}-R_{\gamma \beta} \frac{\partial n_{\beta}}{\partial r_{\delta}}\right]  \tag{L46}\\
R=\left(\begin{array}{ccc}
0 & -1 & 0 \\
1 & 0 & 0 \\
0 & 0 & 0
\end{array}\right)  \tag{L47}\\
0=\sum_{\alpha \gamma \delta}\left[\frac{\partial n_{\alpha}}{\partial y} \frac{\partial n_{\gamma}}{\partial r_{\delta}} C_{\alpha x \gamma \delta}-\frac{\partial n_{\alpha}}{\partial x} \frac{\partial n_{\gamma}}{\partial r_{\delta}} C_{\alpha y \gamma \delta}\right] \\
-\sum_{\beta \gamma \delta}\left[\frac{\partial n_{x}}{\partial r_{\beta}} \frac{\partial n_{\gamma}}{\partial r_{\delta}} C_{y \beta \gamma \delta}-\frac{\partial n_{y}}{\partial r_{\beta}} \frac{\partial n_{\gamma}}{\partial r_{\delta}} C_{x \beta \gamma \delta}\right]  \tag{L48}\\
\frac{\partial n_{x}}{\partial z} \frac{\partial n_{y}}{\partial y},  \tag{L49}\\
0=-C_{y z y y}+C_{y x x z}+C_{x y x z} . \tag{L50}
\end{gather*}
$$

$$
\begin{align*}
& {\left[\frac{\partial n_{x}}{\partial x}+\frac{\partial n_{y}}{\partial y}\right]^{2}}  \tag{L51a}\\
& {\left[\frac{\partial n_{x}}{\partial z}\right]^{2}+\left[\frac{\partial n_{y}}{\partial z}\right]^{2}}  \tag{L51b}\\
& {\left[\frac{\partial n_{y}}{\partial x}-\frac{\partial n_{x}}{\partial y}\right]^{2}}  \tag{L51c}\\
& {\left[\frac{\partial n_{y}}{\partial x}-\frac{\partial n_{x}}{\partial y}\right]\left[\frac{\partial n_{y}}{\partial y}+\frac{\partial n_{x}}{\partial x}\right]}  \tag{L51d}\\
& \frac{\partial n_{y}}{\partial x} \frac{\partial n_{x}}{\partial y}-\frac{\partial n_{y}}{\partial y} \frac{\partial n_{x}}{\partial x} . \tag{L51e}
\end{align*}
$$

$$
\begin{align*}
& (\vec{\nabla} \cdot \hat{n})^{2}  \tag{L52a}\\
& |\hat{n} \times(\vec{\nabla} \times \hat{n})|^{2}  \tag{L52b}\\
& (\hat{n} \cdot(\vec{\nabla} \times \hat{n}))^{2}  \tag{L52c}\\
& \hat{n} \cdot(\vec{\nabla} \times \hat{n}) \vec{\nabla} \cdot \hat{n} \tag{L52d}
\end{align*}
$$

## Liquid Crystals

$$
\begin{gather*}
\frac{1}{2} \quad \vec{\nabla} \cdot[(\hat{n} \cdot \vec{\nabla}) \hat{n}-\hat{n}(\vec{\nabla} \cdot \hat{n})] .  \tag{L52e}\\
\mathcal{F}=\underset{\text { splay }}{\frac{K_{1}}{2}(\vec{\nabla} \cdot \hat{n})^{2}}+\underset{\text { twist }}{+\frac{K_{2}}{2}(\hat{n} \cdot(\vec{\nabla} \times \hat{n}))^{2}}+\underset{\text { bend }}{+\frac{K_{3}}{2}(\hat{n} \times(\vec{\nabla} \times \hat{n}))^{2} .} \tag{L53}
\end{gather*}
$$

$$
\begin{equation*}
\mathcal{F}=\mathcal{F}_{0}+k_{B} T\left[\sum_{j=1}^{N_{\mathrm{p}}} \frac{\mathcal{R}_{j}^{2}}{\mathcal{R}_{\mathrm{I}}^{2}}+N \frac{\mathcal{R}_{\mathrm{I}}^{2}}{(\mathcal{V})^{2 / 3}}-\mathcal{V}|B| n^{2}+\mathcal{V} C n^{3}+\ldots\right] \tag{L54}
\end{equation*}
$$



$$
\begin{equation*}
\mathcal{R}_{j}^{\alpha} \rightarrow \mathcal{R}_{j}^{\alpha}+\sum_{\beta} \mathcal{R}_{j}^{\beta} \frac{\partial u_{\alpha}}{\partial r_{\beta}} \tag{L55}
\end{equation*}
$$

$$
\mathcal{V}=\mathcal{V} \sum_{\alpha \beta \gamma} \epsilon_{\alpha \beta \gamma}\left(\delta_{x \alpha}+\frac{\partial u_{\alpha}}{\partial x}\right)\left(\delta_{y \beta}+\frac{\partial u_{\beta}}{\partial y}\right)\left(\delta_{z \gamma}+\frac{\partial u_{\gamma}}{\partial z}\right)
$$

$$
\Rightarrow \sum_{\alpha} \frac{\partial u_{\alpha}}{\partial r_{\alpha}}=\frac{1}{2} \sum_{\alpha \beta}\left[\frac{\partial u_{\alpha}}{\partial r_{\beta}} \frac{\partial u_{\beta}}{\partial r_{\alpha}}-\frac{\partial u_{\alpha}}{\partial r_{\alpha}} \frac{\partial u_{\beta}}{\partial r_{\beta}}\right]
$$

$$
\begin{align*}
& \mathcal{F}=\frac{k_{B} T}{\mathcal{R}_{\mathrm{I}}^{2}} \sum_{j} \sum_{\alpha}\left[\left(\mathcal{R}_{j}^{\alpha}\right)^{2}+2 \sum_{\beta} \mathcal{R}_{j}^{\alpha} \frac{\partial u_{\alpha}}{\partial r_{\beta}} \mathcal{R}_{j}^{\beta}+\sum_{\beta \beta^{\prime}} \frac{\partial u_{\alpha}}{\partial r_{\beta}} \frac{\partial u_{\alpha}}{\partial r_{\beta^{\prime}}} \mathcal{R}_{j}^{\beta} \mathcal{R}_{j}^{\beta^{\prime}}\right] .  \tag{L58}\\
& \sum_{j=1}^{N_{\mathrm{p}}} \mathcal{R}_{j}^{\alpha} \mathcal{R}_{j}^{\beta}=N_{\mathrm{p}} \frac{\mathcal{R}_{\mathrm{I}}^{2}}{3} \delta_{\alpha \beta}  \tag{L59}\\
& \Rightarrow \mathcal{F}= \frac{k_{B} T N_{\mathrm{p}}}{3}\left[3+2 \sum_{\beta} \frac{\partial u_{\beta}}{\partial r_{\beta}}+\sum_{\alpha \beta} \frac{\partial u_{\alpha}}{\partial r_{\beta}} \frac{\partial u_{\alpha}}{\partial r_{\beta}}\right]  \tag{L60}\\
& \Rightarrow \mathcal{F}= \frac{k_{B} T N_{\mathrm{p}}}{3}\left[\sum_{\alpha \beta} \frac{\partial u_{\alpha}}{\partial r_{\beta}} \frac{\partial u_{\alpha}}{\partial r_{\beta}}+\sum_{\alpha \beta}\left(\frac{\partial u_{\alpha}}{\partial r_{\beta}} \frac{\partial u_{\beta}}{\partial r_{\alpha}}-\frac{\partial u_{\alpha}}{\partial r_{\alpha}} \frac{\partial u_{\beta}}{\partial r_{\beta}}\right)\right]  \tag{L61}\\
&= \frac{k_{B} T N_{\mathrm{p}}}{3} \sum_{\alpha \beta}\left[2 e_{\alpha \beta}^{2}-\left(\sum_{\alpha} e_{\alpha \alpha}\right)^{2}\right]  \tag{L62}\\
&= \frac{2 k_{B} T N_{\mathrm{p}}}{3} \sum_{\alpha \beta} e_{\alpha \beta}^{2} . \tag{L63}
\end{align*}
$$

## Rubber

$$
\begin{gather*}
\mathcal{F}=\frac{2 k_{B} T N_{\mathrm{p}}}{3}\left[\left(\sum_{\alpha \beta}\left[e_{\alpha \beta}+\delta_{\alpha \beta}\right]^{2}\right)-3\right] .  \tag{L64}\\
\mathcal{F}=\frac{2 k_{B} T N_{\mathrm{p}}}{3}\left[2\left(\frac{R}{R_{0}}\right)^{2}+\left\{\left(\frac{R_{0}}{R}\right)^{2}\right\}^{2}-3\right] .
\end{gather*}
$$



10th April 2003
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## Composite and Granular Materials



Figure 1: Avalanche in mustard seeds: Jaeger, University of Chicago

University of Chicago Granular Group
Duke University Granular Page

