

Please fill out and bring on walk day

Walk Site

Walker's Last Name, First Name

Mailing Address

City State Zip

Telephone (including area code and check if a day or evening number) Date of Birth Sex

Email Address

Team or Team Leader Name

Check here if you are a Team Leader ☐ Y ☐ N

I work for: _____

I am using my company's matching gift program ☐ Y ☐ N

Total enclosed: \$

I want to donate my T-shirt/prize back to the CFF ☐ T-shirt ☐ Prize
By donating your prize back to the CFF, you will contribute more to the fight against CF.

Please circle T-shirt size. Adult: S M L XL Youth: S M L

Prize No.		-			
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Waiver (Each participant must read & sign below) — I, the undersigned, agree to indemnify and hold harmless the Cystic Fibrosis Foundation from all cost, expense and liability arising out of my or my child's participation in this event to benefit the Cystic Fibrosis Foundation. I do hereby waive all claims for damage or loss to me or my child's person or property which may be caused by any act or failure to act, by the Cystic Fibrosis Foundation, its officers, agents or employees arising directly or indirectly from my or my child's participation in this event and I hereby assume liability for any loss, damage or other liability from such event. **Important!** Participants under age 18 must have this form signed by a parent or legal guardian.

Participant's Signature _____

1307

B. cepacia policy: Because of risks to people with CF, individuals with a confirmed positive sputum culture for *Burkholderia cepacia* complex shall not attend this event. This is because *B. cepacia* can be passed between individuals who have CF through close proximity. *B. cepacia* infection in a person with CF can cause serious respiratory illness and, in some patients, may lead to death. Despite this policy, there still might be some individuals with *B. cepacia* in attendance. *B. cepacia* is not a risk for otherwise healthy individuals. For alternative ways to participate and for information about this policy, please contact the CF Foundation at (800) FIGHT-CF or visit our Web site at www.cff.org. Consult your CF care center physician with medical questions.

For Internal Use Only

Total Dollars Received & Verified: \$

Verified by

Verified by

about cystic fibrosis

Cystic fibrosis (CF) is a life-threatening genetic disease, which affects the lungs and digestive system. Despite the tremendous progress being made in the field of CF research, we continue to lose precious lives to this disease. The money raised from GREAT STRIDES will help support vital CF science. After all, money buys science and science buys life!

Scientists, supported by the Cystic Fibrosis Foundation, are writing a remarkable medical success story. CF researchers are quickly translating what they learn about the CF gene and CF cells in the laboratory into promising new treatments. Based on their success, landmark gene therapy studies and clinical trials on new drug treatments are now underway.

fund-raising tips

- Recruit others to participate in the event with you!
- Remember your \$150 fund-raising goal!
- Ask for sponsor donations face-to-face!
- Ask your family to help you collect donations!
- If appropriate, ask your company for matching funds!

CF scientific advances happen because of your support. Our challenge is to raise the dollars through GREAT STRIDES to fund landmark CF research. Every sponsor you sign up and every step you take is important in saving the life of a person who has CF. The dollars you raise through GREAT STRIDES will keep critical CF research moving forward.

for more information

visit our Web site at www.cff.org

great strides

Taking Steps to Cure Cystic Fibrosis

Date: Saturday, October 11, 2008
Time: 11:00 a.m. (Registration at 10:30)
Location: Ber Juan Park Picnic Pavilion
 14th St. east of Holloway

Nationally Sponsored By: **American Airlines**

Benefiting the:  **Cystic Fibrosis Foundation**
...adding tomorrows every day.
www.cff.org

be a part of the team

Be part of a winning team!
Join us for a day of camaraderie, fun and festivities as we walk 6.2 miles (10K) to cure cystic fibrosis (CF).

3 Easy Steps to Help Find a Cure

Get Sponsors! – Signing up sponsors is simple. These days, people are uniting to help others – all you have to do is ask. Take your sponsor form everywhere you go: to the office, the gym, your place of worship, and to your neighbors. Tell people that you are taking GREAT STRIDES for CF and your goal is to raise at least \$150 for life-saving research.

Collect from Sponsors! – This is a prepaid walk, so please collect all of your donations prior to walk day. Ask your employer to provide a matching-gift donation. Sponsors can make their tax-deductible checks payable to the Cystic Fibrosis Foundation (CFF) and their canceled check shall serve as a receipt.

Walk Day! – Go to the check-in table (it opens one hour before the walk begins) and turn in your donations and sponsor form. There are great prizes you can earn and everyone raising at least \$100 will receive an official TEAM CF T-shirt! Rain or shine – we will walk. And as always, safety is our first concern.

be a part of the team

The Cystic Fibrosis Foundation invites you to team up with people in your community and tens of thousands of others across the country for its annual walk event, GREAT STRIDES: Taking Steps to Cure Cystic Fibrosis. GREAT STRIDES provides you, your friends, your family, and/or your company with the opportunity to make a difference in the lives of those with cystic fibrosis (CF).

When you participate in GREAT STRIDES, you can be sure that your money will be used wisely and efficiently. More than 90 cents of every dollar donated is available to support vital CF programs, including research, patient services, and education. So, come enjoy a day of fun and fund-raising and help add tomorrows every day to the lives of people with CF!

sponsorform

This is a prepaid walk.
Collect money from sponsors before the event.

Place all donations in the attached envelope. Be sure to turn in this entire form, with donations, to the event coordinator on the day of your walk.

Note: Additional sponsors can be listed on a separate sheet of paper.

Sponsor's Name		Amt. Collected
*	Example — Jane Smith	\$50.00
1	My Personal Donation	
2		
3		
4		
5		
6		
7		
8		
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10		
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18		
19		
20		
21		
22		
23		
24		
25	Company Matching Gift Donation	
Total \$ Enclosed		\$

greatstrides

Taking Steps to Cure Cystic Fibrosis

We thank those volunteers, businesses and sponsors who support this event and our efforts for a cure.

The 30,000 children and adults with CF are counting on all of us. Your participation in GREAT STRIDES is bringing us closer to turning their dreams of a cure into a reality.

raise & receive prizes...

- \$10,000+** iPod 80 Gigabyte MP3 Player with Video [EL-116]
Or Two Prizes from \$2500 category or below
- \$5,000** Mini DV Camcorder [EL-331]
- \$2,500** 5.0 Megapixel Canon Digital Camera [EL-360]
Or Dooney & Bourke Purse (Bucket Bag) [EL-120]
- \$1,000** TEAM CF Collapsible Party Chest (72 12 ounce cans) [EL-417]
Or MP3 Docking Station with Speakers [EL-136]
- \$500** Team CF USB Flash Drive (256 MB) [EL-332]
Or TEAM CF High Sierra Backpack [EL-234]
Or TEAM CF Embroidered Fleece Pullover (Black)
Adult XL, [FL-121], Youth LG, [FL-161]
- \$250** TEAM CF Barbeque Tools [EL-318]
Or TEAM CF Binoculars (8 x 21) [EL-328]
Or TEAM CF Sweatshirt (Gray)
Adult XL: [EL-189], Youth L: [EL-188]
- \$100** Official TEAM CF T-shirt

Note: Prizes will be delivered within 8-12 weeks of being ordered. If you fail to select a prize it will be donated back to the Cystic Fibrosis Foundation. Each participant who raises \$100 or more earns an official Team CF T-shirt. You can earn one additional prize based on the total amount you turn in. An item of equal value may be substituted by the Cystic Fibrosis Foundation if the listed prize is unavailable.

